



# Newborough Primary School Canteen Menu

Term 3, 2019

Canteen Supervisor - Amanda Meyer

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## \*\* IMPORTANT INFORMATION \*\*

### Opening Hours

### Recess & Lunch Orders

### Limited Specials

### Volunteers

Monday / Wednesday / Friday 8:30am - 1:30pm

Online and over the counter orders are to be placed by 8:45am. It is preferable that orders are placed online via QuickCliq at [www.quickcliq.com.au](http://www.quickcliq.com.au)

Look out for Limited Specials on the Canteen Notice Board and in the fortnightly school Newsletter.

Come and join our happy team of volunteers and have a part in cooking for our Newborough children. Help is always needed and appreciated, please see Amanda if you can assist.

## RECESS & LUNCH SNACKS (Available Daily)

|   |        |   |        |  |        |                   |        |
|---|--------|---|--------|--|--------|-------------------|--------|
| Bliss Balls (HM) <i>NB. Contains seeds including Sesame</i> | \$0.50 | Apple Slinky  | \$1.00 | Banana Bread Slice (HM)  | \$1.50 | Fresh Fruit Salad | \$2.50 |
| Mini Savoury Tart (Ham, Cheese & Onion) (HM)                | \$0.50 | Cereal Bag (Nutrigrain / Cheerios)                          | \$1.00 | Fruit Muffins (Various) (HM)   | \$1.50 |                   |        |
| Pikelet   | \$0.50 | Cheesy (Cheese, Cheese & Vegemite, Cheese & HM Pizza Sauce) | \$1.00 |  |        |                   |        |
| Popcorn Bag (GF)  | \$0.50 | Cheesy (Ham & Cheese)                                       | \$1.50 | ** A variety of other snacks are available over the counter at Recess & Lunch ** |        |                   |        |
| Rice Crackers   | \$0.50 | Cheese & Crackers   | \$1.00 |  |        |                   |        |
|   |        | Mini Yoghurt Cup (Vanilla / Mixed Berry)                    | \$1.00 |  |        |                   |        |
|   |        | Veggie Sticks   | \$1.00 |  |        |                   |        |

## LUNCH ITEMS (Available Daily)

| Sandwich / Roll / Wrap / Toastie                 |            | Hot Meals                            |        | Cold Meals   |        |
|--|------------|--------------------------------------|--------|--|--------|
| Base charge for Sandwich / Roll / Wrap / Toastie | \$3.00     | Macaroni Cheese (V) (HM)             | \$4.00 | Salad Box (GF)   | \$3.00 |
| <i>Add Fillings</i>                              | (per item) | Pasta Bolognese (HM)                 | \$4.50 | <i>Includes: Carrot, cucumber, lettuce, tomato. (Add Fillings as per Sandwich / Roll / Wrap / Toastie)</i> |        |
| Carrot, Cucumber, Lettuce, Tomato                | \$0.15     | Pasta Bolognese (GF) (HM)            | \$4.50 | Picnic Box   | \$4.50 |
| Avocado, Baked Beans, Beetroot, Cheese,          | \$0.50     | Shepherd's Pie (HM) (Until Sold Out) | \$5.00 | <i>Includes: Choice of half sandwich, cheese &amp; crackers, mini savoury tart &amp; veggie sticks.</i>    |        |
| Chicken, Egg, Ham, Pineapple, Spaghetti, Tuna    | \$0.50     | Lasagne (HM)                         | \$5.50 |  |        |
| BBQ Sauce / Mayonnaise / Tomato Sauce            | No Charge  | Lasagne (GF) (HM)                    | \$5.50 |  |        |
| Gluten Free Toasted Bread                        | \$0.50     |                                      |        |  |        |
|  |            |                                      |        |  |        |
| Vegemite   | \$2.00     |                                      |        |  |        |
| Hot Chicken & Mayo Roll                          | \$3.50     |                                      |        |  |        |

## DAILY SPECIALS

| Monday   |        | Wednesday                       |        | Friday   |        |
|--|--------|---------------------------------|--------|--|--------|
| Mini Beef Burger & Wedges (HM) **  | \$4.50 | Chicken Fried Rice (HM)         | \$4.50 | Pizza (HM)   |        |
| <i>Includes: Melted Cheese, Tomato &amp; Lettuce</i>                             |        |                                 |        | Margherita (V)   | \$3.50 |
| Extra Burger   | \$2.00 |                                 |        | <i>Includes: Cheese &amp; HM Pizza Sauce</i>                                       |        |
| ** Beef pattie is HM & also contains bacon & onion                               |        | Mini Meatball Sub & Wedges (HM) | \$4.50 | Hawaiian   | \$4.00 |
|  |        |                                 |        | <i>Includes: Ham, Cheese, Pineapple &amp; HM Pizza Sauce</i>                       |        |
| Mini Chicken 'Parmi' Burger & Wedges (HM) **                                     | \$4.50 |                                 |        | Supreme  | \$4.50 |
| Extra Burger   | \$2.00 |                                 |        | <i>Includes: Ham, Cheese, Olives, Mushrooms, Red Capsicum &amp; HM Pizza Sauce</i> |        |
| ** Chicken pattie is HM & also contains onion, Parmesan cheese and Italian herbs |        |                                 |        |  |        |

## DRINKS

|  |        |
|--|--------|
| Milk Cup (GF)  | \$1.00 |
| 99% Fruit Juice (Apple / Apple & Blackcurrant / Orange / Tropical) (G) | \$1.50 |
| Flavoured Milk (Chocolate)   | \$2.00 |
| Milo (Hot / Cold)  | \$2.00 |

## FROZEN TREATS (Available Over the Counter at Lunch)

|  |        |
|--|--------|
| Half Quelch Icy Pole 99% Fruit Juice (GF)                | \$0.50 |
| Full Quelch Icy Pole 99% Fruit Juice (GF)                | \$1.00 |
| Paddle Pop (Banana / Caramel Choc / Chocolate / Rainbow) | \$2.00 |
| Vanilla Ice Cream Tub (GF)                               | \$2.00 |

### Notations

GF - Gluten Free

HM - Homemade

V - Vegetarian