



# Newborough Primary School Canteen Menu

Term 3, 2019

Canteen Supervisor - Amanda Meyer

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## \*\* IMPORTANT INFORMATION \*\*

### Opening Hours

### Recess & Lunch Orders

### Limited Specials

### Volunteers

Monday / Wednesday / Friday 8:30am - 1:30pm

Online and over the counter orders are to be placed by 8:45am. It is preferable that orders are placed online via QuickCliq at [www.quickcliq.com.au](http://www.quickcliq.com.au)

Look out for Limited Specials on the Canteen Notice Board and in the fortnightly school Newsletter.

Come and join our happy team of volunteers and have a part in cooking for our Newborough children. Help is always needed and appreciated, please see Amanda if you can assist.

## RECESS & LUNCH SNACKS (Available Daily)

Bliss Balls (HM) <b>NB. Contains seeds including Sesame</b>	\$0.50	Apple Slinky	\$1.00	Banana Bread Slice (HM)	\$1.50	Fresh Fruit Salad	\$2.50
Mini Savoury Tart (Ham, Cheese & Onion) (HM)	\$0.50	Cereal Bag (Nutrigrain / Cheerios)	\$1.00	Fruit Muffins (Various) (HM)	\$1.50		
Pikelet	\$0.50	Cheesy (Cheese, Cheese & Vegemite, Cheese & HM Pizza Sauce)	\$1.00				
Popcorn Bag	\$0.50	Cheesy (Ham & Cheese)	\$1.50				
Rice Crackers	\$0.50	Cheese & Crackers	\$1.00				
		Mini Yoghurt Cup (Vanilla / Mixed Berry)	\$1.00				
		Veggie Sticks	\$1.00				

## LUNCH ITEMS (Available Daily)

Sandwich / Roll / Wrap / Toastie	Hot Meals	Cold Meals
Base charge for Sandwich / Roll / Wrap / Toastie	Macaroni Cheese (V) (HM)	Salad Box (GF)
Add Fillings (per item)	Pasta Bolognese (HM)	\$3.00
Carrot, Cucumber, Lettuce, Tomato	Pasta Bolognese (GF) (HM)	<i>Includes: Carrot, cucumber, lettuce, tomato. (Add Fillings as per Sandwich / Roll / Wrap / Toastie)</i>
Avocado, Baked Beans, Beetroot, Cheese,	Shepherd's Pie	Picnic Box
Chicken, Egg, Ham, Pineapple, Spaghetti, Tuna	Lasagne (HM)	\$4.50
BBQ Sauce / Mayonnaise / Tomato Sauce	Lasagne (GF) (HM)	<i>Includes: Choice of half sandwich, cheese &amp; crackers, mini savoury tart &amp; veggie sticks.</i>
Gluten Free Toasted Bread		
Vegemite	<b>Soup of the Week</b>	
Hot Chicken & Mayo Roll	Refer to <a href="http://www.quickcliq.com.au">www.quickcliq.com.au</a> for available Soup variety	
	Add a Roll (Buttered)	

## DAILY SPECIALS

Monday	Wednesday	Friday
Mini Beef Burger & Wedges (HM) **	Chicken Fried Rice (HM)	Pizza (HM)
<i>Includes: Melted Cheese, Tomato &amp; Lettuce</i>		Margherita (V)
Extra Burger		<i>Includes: Cheese &amp; HM Pizza Sauce</i>
** Beef pattie is HM & also contains bacon & onion	Mini Meatball Sub & Wedges (HM)	Hawaiian
		<i>Includes: Ham, Cheese, Pineapple &amp; HM Pizza Sauce</i>
Mini Chicken 'Parmi' Burger & Wedges (HM) **		Supreme
Extra Burger		<i>Includes: Ham, Cheese, Olives, Mushrooms, Red Capsicum &amp; HM Pizza Sauce</i>
** Chicken pattie is HM & also contains onion, Parmesan cheese and Italian herbs		

## DRINKS

Milk Cup (GF)	\$1.00	Half Quelch Icy Pole 99% Fruit Juice (GF)	\$0.50
100% Fruit Juice (Apple / Orange / Tropical) (GF)	\$1.50	Full Quelch Icy Pole 99% Fruit Juice (GF)	\$1.00
Flavoured Milk (Chocolate)	\$2.00	Paddle Pop (Banana / Chocolate / Rainbow)	\$2.00
Milo (Hot / Cold)	\$2.00	Vanilla Ice Cream Tub	\$2.00

## FROZEN TREATS (Available Over the Counter at Lunch)

**Notations**  
 GF - Gluten Free  
 HM - Homemade  
 V - Vegetarian