

# Parenting at West Leederville April 2019

## *Mums Raising Teenage Girls*

Wed 3 April 6.30-9pm \$30pp

As we know, the relationship between a mother and her daughter is very important. This seminar helps mothers to better understand their daughters and the challenges they go through during puberty and to assist them to better equip their daughters to be happy and strong individuals.

## *Fathering after Separation*

Tues 9 April 6.30-9pm \$30pp

It is important for fathers to distinguish between their parenting role and their relationship break-up. This course, held in a male-friendly environment, suggests helpful ways to keep in touch with your child, to build skills and to recognise strengths and challenges.

## *Partners to Parents*

Wed 10 April 6.30-9pm \$45 couple

Managing the transition from 'partners' to 'parents' well and preparing your relationship for this change will help you build your strengths as a couple and help you manage all that lies ahead of you.

## *Mums Raising Teenage Boys*

Mon 29 April 6.30-9pm \$30pp

For teenage boys the relationship they have with their mother has long term implications. This includes how they relate to others, particularly to girls and women.

## *Dads Raising Boys*

Tues 30 April 6.30-9pm \$30pp

A father is like an anchor for a son. A dad is one constant in life who models what they become as an adult. Boys whose dads are involved with them from a young age do better in lots of ways – i.e. academically, emotionally and socially. Well-fathered boys show the positive effects years later with an improved capacity for empathy and by the health of their social relationships.

Places are limited – please contact (08) 6164 0239 to register today

For more information about our courses and workshops, please click [here](#) or visit [www.relationshipswa.org.au](http://www.relationshipswa.org.au)

*Relationships Australia.*