



Newborough Primary School Canteen Menu

Term 1, 2019

Canteen Supervisor - Amanda Meyer

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** IMPORTANT INFORMATION **

Monday / Wednesday / Friday 8:30am - 1:30pm

Online and over the counter orders are to be placed by 8:45am. It is preferable that orders are placed online via QuickClik at www.quickclik.com.au

Look out for Limited Specials on the Canteen Notice Board and in the fortnightly school Newsletter.

Come and join our happy team of volunteers and have a part in cooking for our Newborough children. Help is always needed and appreciated, please see Amanda if you can assist.

RECESS & LUNCH SNACKS (Available Daily)

Bliss Balls **(HM)** *NB. Contains seeds including Sesame*
Cereal Bag (Nutrigrain / Cheerios)
Mini Savoury Tart (Ham, Cheese & Onion) **(HM)**
Pikelet
Popcorn Bag
Rice Crackers

\$0.50 Apple Slinky
\$0.50 Cheesy (Cheese, Cheese & Vegemite, Cheese & **HM** Pizza Sauce)
\$0.50 Cheesy (Ham & Cheese)
\$0.50 Cheese & Crackers
\$0.50 Mini Yoghurt Cup (Vanilla / Mixed Berry)
\$0.50 Vegie Sticks

\$1.00 Fruit Muffins (Various) **(HM)**
\$1.00 Banana Bread Slice **(HM)**
\$1.00 Fresh Fruit Salad
\$1.00
\$1.00
\$1.00

LUNCH ITEMS (Available Daily)

Sandwich / Roll / Wrap / Toastie

Base charge for Sandwich / Roll / Wrap / Toastie \$3.00
Add Fillings (per item)
Carrot, Cucumber, Lettuce, Tomato \$0.05
Avocado, Baked Beans, Beetroot, Cheese, \$0.50
Chicken, Egg, Ham, Pineapple, Spaghetti, Tuna \$0.50
BBQ Sauce / Mayonnaise / Tomato Sauce No Charge
Gluten Free Toasted Bread \$0.50

Vegemite \$2.00
Hot Chicken & Mayo Roll \$3.50

Hot Meals

Macaroni Cheese **(V)** **(HM)**
Pasta Bolognese **(HM)**
Pasta Bolognese **(GF)** **(HM)**
Lasagne **(HM)**
Teriyaki Chicken **(GF)** (until sold out)

Cold Meals

\$4.00 Salad Box **(GF)** \$3.00
\$4.00 *Includes: Carrot, cucumber, lettuce, tomato. (Add Fillings as per Sandwich / Roll / Wrap / Toastie)*
\$4.00 Frittata **(GF)** **(HM)** & Greek Salad \$3.50
\$5.00 Additional Frittata with extra Salad \$2.00
\$5.00 Picnic Box \$4.50
Includes: Choice of half sandwich, cheese & crackers, mini savoury tart & veggie sticks.

DAILY SPECIALS

Monday

Mini Beef Burgers & Wedges **(HM)** ** \$4.50
Includes: Melted Cheese, Tomato & Lettuce
Extra Burger \$1.50

** Beef pattie is **HM** & also contains bacon & onion

Wednesday

Chicken Fried Rice **(HM)** \$4.50

Friday

Pizza **(HM)**
Margherita **(V)** \$3.50
Includes: Cheese & HM Pizza Sauce
Hawaiian \$4.00
Includes: Ham, Cheese, Pineapple & HM Pizza Sauce
Supreme \$4.50
Includes: Ham, Cheese, Olives, Mushrooms, Red Capsicum & HM Pizza Sauce

DRINKS

Milk Cup **(GF)** \$1.00
100% Fruit Juice (Apple / Orange / Tropical) **(GF)** \$1.50
Flavoured Milk (Chocolate) \$2.00
Milo (Hot / Cold) \$2.00

FROZEN TREATS (Available Over the Counter at Lunch)

Half Quelch Icy Pole 99% Fruit Juice **(GF)** \$0.50
Full Quelch Icy Pole 99% Fruit Juice **(GF)** \$1.00
Paddle Pop (Chocolate / Rainbow) \$2.00
Vanilla Ice Cream Tub \$2.00

Notations

GF - Gluten Free

HM - Homemade

V - Vegetarian