

BARNES KARATE

TRADITIONAL OKINAWAN
KARATE & KOBUDO

Come join 4 weeks for only \$25!

NO Registration Fee

First 15 NEW students

Dojo Locations

Western Australia

PERTH - North of the River

Newborough PS



Classes for 4 years & Up (Bonsai Ninja's)

Juniors, Teens, Parents and Adults

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Kyoshi Sheldon Barnes

www.barneskarate.com

for detailed class times

- Improve Focus
- Better Attitude
- Build Self-Confidence
- Improve Self-Esteem
- Flexibility and Coordination
- Learn Respect and Discipline
- Have Fun!